



Faeces Collection

For Culture, Ova and Parasites

About your Test

- Your health professional has requested a test which requires you to collect one or more samples of your faeces.
- You will need to obtain a specimen container and a specimen bag from your health professional or from Wellington SCL.
- If you need to collect more than one sample you will need a separate container for each.

The Procedure

1. Pass faeces into the collection punnet (a clean 2 litre ice cream container is ideal).
2. Using the scoop, which is attached to the container lid, place a portion (about the size of a large walnut), into the specimen container.
3. Screw the lid of the container down firmly.
4. Write your full name, date of birth, and date and time of collection on the container label.
5. Place the specimen container in the specimen bag with the request form in front pocket
6. Store the sample in the fridge if possible. Otherwise keep it in a cool place. Deliver to the laboratory as soon as possible.

Note:

If you have been asked to collect more than one specimen, collect each on a different day.

Reminder: Have you labelled the container?

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Please contact the main laboratory for further information (04) 381 5900