

BADHAN UGA JIRKA KAADINTA (MIDSTREAM URINE COLLECTION)

1. Kasoo qaado weel dhakhtarkaaga ama qolalka Wellington SCL ee kuugu dhaw.
2. Muunadaha la ururiyo subaxda hore ayaa fiican laakiin aasaasi ma aha.
3. Labka aan la xalaalayn: dib ha u celiyaan baarada.
4. Dheddigga: ha ka masaxaan meesha dabada iyo cawrada u dhaxaysa xagga hore si ay dib ugu celiyaan iyagoo isticmaalaya xarqadda musqusha ama ha ku maydhaan biyo diiran hana kala qabtaan laab-laabka cambarka si ay fogaadaan falfahu wasakhoobo.
5. Oggolow woxogaa kaadi ah inay ku dhacdo musqusha kadib si toos ah ugu leexi weelka natiifta ah ilaa uu kala-badh gaadho; kadib ku sii daa inta hadha musqusha.
6. Si adag ugu xidh daboolka weelka kuna calaamadi weelka magacaaga, taariikhda dhalasho iyo wakhtiga iyo taariikhda ururinta.
7. Dhig bacda wax lagu rito ee muunadda iyo foomkii codsiga ee dhakhtarkaaga ka yimi.
8. U qaad muunadda dhakhtarkaaga ama qolalka Wellington SCL kuugu dhaw.
9. Sida aadka u fiican, muunadaha kaadida waa in si dhakhso tallaagad loo galiyo laguna keeno shaybaadhka afar saac gudahood.

Fadlan kala xidhiidh shaybaadhka wayn wixii macluumaad dheeraad ah (04) 381 5900

For all enquires please contact WELLINGTON SCL on 04 381 5900

Patient information - Instructions for Midstream Urine Collection – Somali